



## Club Marriott Activities

Term 1 (Tuesday 28<sup>th</sup> January – Friday 27<sup>th</sup> March 2020)

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>MORNING</b>			<b>9:30-10:30am</b> Walking Group **Meet in the foyer at Club Marriott	<b>6:15-6:45am</b> Express Circuit **16 years and over	<b>9:30-10:15am</b> Bootcamp **16 years and over	
	<b>10:15-11:15am</b> Water Aerobics **13 years and over	<b>10:00-10:30am</b> Kindy Dance **Up to 5 years				<b>10:00-11:00am</b> Adults & Teens Boxing **13 years and over
		<b>10:45-11:15am</b> Kindy Gym **Up to 5 years				
<b>AFTERNOON</b>			<b>4:00-4:45pm</b> Kids Fitness (5-8yrs)			
		<b>6:45-7:30pm</b> Cardio <b>Cross</b> **16 years and over	<b>4:45-5:30pm</b> Kids Fitness (9-12yrs)	<b>**NEW CLASS**</b> With Elvio <b>6:15-7:00pm</b> <b>STAY TUNED</b>		
<b>EVENING</b>	<b>**NEW TIME**</b> <b>6:30-7:30pm</b> Thump Boxing **13 years and over		<b>7:00-8:00pm</b> Zumba **16 years and over	<b>7:15-8:15pm</b> Yoga **13 years and over		

**\*\*Please note – all children under the age of 16 MUST be accompanied by an INDUCTED adult at all times.**